

HARVESTING HOPE: ACROSS THE LIFESPAN

TheMHS Conference is an international mental health educational forum, attracting over 1000 mental health clinicians, managers, consumers, carers, researchers, educators and policy makers, annually.

The AICAFMHA Conference attracts delegates with an interest in infant, child and youth mental health, including young people and families, mental health workers, educationalists, allied health workers, medical practitioners, child protection and welfare workers, and researchers/academics.

WHY YOU SHOULD COME TO THE GOLD COAST

The Gold Coast is one of Australia's most exciting and rapidly developing communities. Less than an hour from Brisbane and with an international airport at Coolangatta, the Gold Coast has excellent transport links to all parts of Australia, New Zealand and beyond. Best known for dramatic surf beaches, theme parks and shopping, the Gold Coast also has more subtle attractions. It is close to some of Australia's finest rainforest and to the charm of the Scenic Rim. The Gold Coast is also a developing centre for culture in the arts and, because it is an international tourist destination, boasts an astonishing range of restaurants and cuisines.

The new Convention Centre is ideally located, in close proximity to Broadbeach, major hotels and shopping districts, as well as the Casino. Surfers Paradise is nearby and the serious surfer will have no problem catching an early morning wave via a short drive to Kirra or Burleigh Heads. Byron Bay is not much further. TheMHS & AICAFMHA 2004 provide a great opportunity to involve the whole family because of the wealth and diversity of attractions for people of all ages.

HARVESTING HOPE



ACROSS THE LIFESPAN

TheMHS and AICAFMHA are well-known as conferences where you will learn about the latest developments in service delivery and research in mental health services. The theme of "Harvesting Hope - across the lifespan", reflects key mental health messages that recovery is about developing and sustaining hope and that maintaining good mental health is a central issue for all age groups.

We are delighted that TheMHS and AICAFMHA will be jointly organising this conference, so that delegates will have unparalleled access to expertise and experience in mental health from infancy to adulthood. Additionally, there will be both a keynote speaker and paper streams about the mental health of older people.

As well as the regular focus on consumer and carer experiences, indigenous issues, and public mental health service initiatives, there will be a special focus on primary care and our links to Asia. Other focus areas for the conference include: antecedents to mental illness in adulthood; mental health and child protection; and building and maintaining mental health resiliency from the early years. A developmental approach to promoting mental health and preventing mental illness will be reflected through the 'across the lifespan' theme of the conference.

When submitting your abstract, please keep in mind the main conference streams: children and youth; adult; older people; experiences of mental illness; infancy and attachment; participation; clinical innovation; prevention; promotion; developmental issues; indigenous issues; training and education; early intervention; partnership; the Asia-Pacific; primary care; psychotherapy; child protection; rural and remote services.

GUIDELINES FOR SUBMISSION OF ABSTRACTS

General Guidelines

- The application form for the Call for Papers can be found on TheMHS & AICAFMHA websites. This can be downloaded and emailed with your abstract to the conference organiser at TheMHS office.
- Submitting by email: Include in the email - the first author's name, co-presenters' names, resumes, learning objectives, the abstract and abstract title. Then email as MSWord attachment. You will receive an email acknowledgement from TheMHS office within 3 working days.
- Submitting on disk: Clearly label an IBM disk in MSWord format with the names of presenters. Include on the disk: the first author's name, co-presenters' names, resumes, learning objectives, the abstract and abstract title, and post with application form.
- Do not include tables, diagrams or graphs in the abstract.
- Wherever possible, ensure that a range of stakeholders including consumers, are included as presenters in symposia, workshops, debates.

PLEASE NOTE THESE CONDITIONS OF ACCEPTANCE OF ABSTRACTS

- ALL PRESENTERS MUST REGISTER FOR AT LEAST ONE DAY OF THE CONFERENCE.
- Papers must be presented by the authors. Proxies will not be permitted except in an emergency such as illness or misadventure.
- The Committee reserves the right to accept or refuse any paper, symposium, workshop, or poster.
- TheMHS Conference & AICAFMHA, reserve the right to allocate a session time or presentation type, which differs from that applied for.

Papers, Workshops, Posters, Symposia, Debates

PLEASE NOTE: The first author will be advised in writing regarding the acceptance or other wise of their proposal. The first author (as given on application form) will be the main contact for correspondence about the presentation. Other authors/presenters will be notified by email only, so please ensure that all co-authors/presenters' email addresses are supplied.

LENGTH OF ABSTRACT

- Abstracts for all papers and posters should be a maximum of 200 words.
- Abstracts for symposia and workshops should not exceed a total of 600 words.

CONTENT OF ABSTRACT

The abstract:

- should be as informative as possible and truly represent the intended presentation.
- will be used both for selection purposes and if selected will go into the Book of Abstracts.
- should include a statement of the aims of the presentation
- must contain sufficient information to allow a delegate to learn what may be gained by attending the presentation.
- should include a concluding sentence to provide a strong summary for the abstract.
- should include 2 references relevant to the topic of the abstract

LEARNING OBJECTIVES.

- Every abstract must be accompanied by two learning objectives. These should be listed on the same page as the abstract and are additional to the 200 word abstract.
- Learning objective (1) answers the question: "What will people in the audience gain or learn from attending this presentation?" (Don't say what you are going to teach, but what they are going to learn.)
- Learning objective (2) answers the question: "How is this topic/issue relevant to mental health services and mental health issues?"
- Failure to include these two learning objectives may result in the abstract not being accepted for presentation.

TYPES OF PRESENTATIONS

Please note that time limits for speakers will be strictly enforced so that there is adequate time for discussion of papers.

PAPERS will be 20 minutes (plus 10 minute discussion). A paper describes innovations, research and evaluation programs, outcomes, effective practice, creative services, as well as personal stories about mental illness and mental health. The paper is grouped with 2 or 3 other papers by topic, and presented in a 90 minute or 120 minute session conducted by a chairperson who is selected by the program committee. Suggested maximum number of presenters: 2

SYMPOSIA will be 60 or 90 minutes (inclusive of discussion time). A symposium plan is to be submitted by the applicant. It should contain a description of the unifying theme(s) of the symposium as a whole, followed by an abstract of each individual paper within the symposium. The symposium is designed to take a more formal approach to the selected topic that is relevant to clinical issues or system of care. At least 20% of the total allotted time must be devoted to questions and answers, or to group interaction. The applicant arranges the chairperson. Suggested number of presenters: chairperson and 3 – 5 presenters.

WORKSHOPS will be 60 or 90 minutes (inclusive of discussion time). A workshop plan is to be submitted by the applicant. The workshop will focus upon a particular issue or topic relevant to mental health services and will maximise audience participation. At least 25% of the total allotted time must be devoted to questions and answers, or to group interaction – remember this is NOT a lecture. The applicant arranges the chairperson. Maximum number of presenters: chairperson and 1 – 3 co-presenters

DEBATES will be 60 or 90 minutes in duration. A controversial topic in mental health is debated by experts in the field. This format gives the opportunity for delegates to hear both affirmative and negative views about important, interesting and timely concerns. Someone who has expertise in the topic area facilitates each debate. The applicant arranges the facilitator. A portion of the time is devoted to questions and answers. Please note that a strictly limited number of debates will be accepted into the conference program. Maximum number of presenters: Facilitator and 3 – 6 presenters

BRIEF PAPERS are an opportunity to present brief updates about particular service issues, descriptions of innovative programs or ideas about strategies for the future. The session will be ninety minutes in length. Each presenter speaks for 10 minutes. After all speakers have finished, there will be time for audience discussion. Maximum number of presenters per paper: 2.

POSTERS are displayed throughout the 3 day conference. A designated poster session will be programmed, which provides the opportunity for presenters to display new research/evaluation results, clinical or service advances, new program features, or work in progress. Audio-visuals are not supplied for this session. Maximum number of presenters: 2

APPLICATION FORM 2004

Please email or post – see general guidelines for submission of abstracts

Please tick appropriate boxes:

FORMAT

- | | |
|--------------------------------------|---|
| <input type="checkbox"/> Paper | (20 minutes) |
| <input type="checkbox"/> Brief Paper | (10 minutes) |
| <input type="checkbox"/> Debate | <input type="checkbox"/> 1 hour <input type="checkbox"/> 1.5hours |
| <input type="checkbox"/> Workshop | <input type="checkbox"/> 1 hour <input type="checkbox"/> 1.5hours |
| <input type="checkbox"/> Symposium | <input type="checkbox"/> 1 hour <input type="checkbox"/> 1.5hours |
| <input type="checkbox"/> Poster | |

AUDIO-VISUAL EQUIPMENT

(A/V equipment not supplied for poster session)

Please indicate below, your equipment needs:

- | | |
|---|--|
| <input type="checkbox"/> Overhead projector | <input type="checkbox"/> Slide projector |
| <input type="checkbox"/> Whiteboard & pens | <input type="checkbox"/> Cassette player |
| <input type="checkbox"/> VHS video player | <input type="checkbox"/> Computer/LCD Projection |
| <input type="checkbox"/> Other _____ | |

PLEASE NOTE: COMPUTER PROJECTION will only be provided in the plenary halls. You will be notified as to whether your presentation will have computer projection provided. In rooms where computer projection is not provided you may bring your own computer and projector, but only if you notify us 6 weeks prior to the conference.

PRESENTERS' RESUME: Each presenter must include a resume. The resume should briefly give details about the person's work, professional, or organisational background. The length should be 50 words maximum if only one presenter, and 100 words in total, if more than one.

First Author's Name _____

(this person will be the main point of contact for correspondence regarding this presentation)

Address _____

Postcode _____

Phone _____ Fax _____

Email _____

PLEASE COMPLETE THE REVERSE OF THIS APPLICATION FORM

Co-authors/presenters

Please tick box/s against each name indicating whether the person is a co-author and/or a presenter

1. Name _____ Co-author Presenter

Email _____

2. Name _____ Co-author Presenter

Email _____

3. Name _____ Co-author Presenter

Email _____

4. Name _____ Co-author Presenter

Email _____

5. Name _____ Co-author Presenter

Email _____

Affiliation/Organisation of Presenting Author
(if not included above)

Title of Abstract

Check List

Have you:

- If posting: Filled in both sides of this form, included a disk (labelled)?
- If emailing: Included information from both sides of this form?
- Presented your abstract according to the Guidelines for Submission of Abstracts?
- Included your resume(s), abstract title, first author's name, and co-authors' email address/s?
- Included 2 learning objectives?

ABOUT US



THEMHS
CONFERENCE

The Mental Health Services
Conference Inc. of Australia and
New Zealand

TheMHS is a learning network for
improving mental health services
in Australasia.

TheMHS mission is to

1. Recognise and promote quality collaborative research, practice, policy-making and education.
2. Promote active involvement and inclusion of all mental health stakeholders
3. Advocate and promote leadership in the mental health field.

TheMHS provides a forum for the exchange of ideas, professional development, networking and debate for professionals, consumers, carers (families), and managers. TheMHS aims to promote positive attitudes about mental health and mental illness, and to stimulate debate that will challenge the boundaries of present knowledge and ideas about mental health care.

www.themhs.org



AICAFMHA is a national association, which aims to actively promote the mental health and well being of infants, children, adolescents and their families and/or carers.

The association brings together professionals from a wide range of disciplines and consumers and carers in the one organisation.

The AICAFMHA Conference:

1. considers mental health issues across all life stages
2. promotes active participation in collaborative professional and consumer partnerships across Australia
3. advocates in the public arena for mental health promotion, prevention and early intervention in line with human rights principles
4. takes a broad community approach for dissemination of knowledge and development of quality research
5. promotes development of collaborative relationships with other relevant organisations
6. recognises the unique approach required for effective mental health service provision for infants, children, adolescents and families

www.aicafmha.net.au

KEYNOTE SPEAKERS

Len Bickman, Professor of Psychology, Public Policy and Psychiatry, Director of the Center for Mental Health Policy, Vanderbilt University, founding editor Mental Health Services Research journal. Len has collaborated in a number of major publicly funded evaluation projects in Australia. He will talk about evidence based practice in Child and Youth Services, staff training and service evaluation, and will chair a forum on 'the GP in mental health care'.

Margaret Fleming, Co-ordinator, Monaghan Community Mental Health Team, Ireland. The Monaghan Model provides an effective response to mental health problems (including crises) in a rural area, while making minimal use of inpatient treatment. It provides support within 24 hours, uses a home-based care approach, and is regarded as a best practice model for rural mental health care.

Henry Brodaty, Professor of Psychogeriatrics, University of New South Wales; Director of Aged Care Psychiatry, Prince of Wales Hospital; founding head of Memory Disorders Clinic; chair, Research Foundation of the Alzheimer's Association of Australia. Henry will address issues in provision of care for older people and will contribute to the 'clinical innovation in psychiatry' forum.

Helen Glover uses her professional and lived experience to expand and challenge the concepts of recovery within mental health service delivery. She works with fellow professionals, consumers, and their families to promote practices that support wellness – most recently as Chief Executive Officer of CHANGE in Birmingham, UK. She will challenge conference delegates to think beyond current practices and to push individual and systemic change towards providing environments that promote recovery for individuals.

Anthony Ang, Consultant Psychiatrist, in Singapore. He has played a major role in the establishment of psychotherapy training at the National University; has a major interest in the interface between psychotherapy, culture and spirituality, bringing a Chinese cultural background to mental health from a Christian and Taoist perspective. An engaging speaker with a refreshingly different perspective on mental health, he will address cultural and spiritual issues in clinical practice and contribute to the 'clinical innovation in psychiatry' forum.

Anne Helm holds degrees in Education and Music, and is currently an advisor at Otago's hospital-based Mental Health services. She has been a service user for over thirty years, and has established a consumer advocacy service in the community and developed a local consumer action group. Anne is a memorable public speaker, and also a classical singer who moves hearts.

Jack Yatsko, Director of Training for the International Center for Clubhouse Development (ICCD). He holds a masters degree in social work. He played a major role in the development of Friendship House, Hawaii, where he was Vocational Coordinator, then Director. As Director of Training he has responsibility for Clubhouse training around the world. Jack will be presenting in partnership with a Clubhouse member.

Special Invited Speakers

Brett McDermott, Director of the Mater Child and Youth Mental Health Service in Brisbane; Associate Professor of Child and Adolescent Psychiatry, University of Queensland; Honorary Research Fellow at the Telethon Institute of Child Health Research in Perth WA,

Graham Martin, Professor and Director of Child and Adolescent Psychiatry, University of Queensland and Clinical Director, Royal Children's Hospital & Brisbane North District Child & Youth Mental Health Services, National Project Advisor, Auseinet, the Australian Network for Promotion, Prevention and Early Intervention for Mental Health.

Graham Vimpani, Professor and Head of the Discipline of Paediatrics and Child Health at the University of Newcastle and Clinical Chair of Kaleidoscope:Hunter Children's Health Network. Chair of the Board of NIFTeY Australia (the National Investment for the Early Years).

Tracy Westerman, Managing Director, Indigenous Psychological Services (IPS), which provides specialist mental health services for Aboriginal people. She developed the first culturally validated psychological test and assessment protocols to identify Aboriginal youth at risk of depression, suicide and anxiety.

CALL FOR PAPERS

WHAT DELEGATES LIKED ABOUT PAST THEMHS & AICAFMHA CONFERENCES

- ✓ New ideas
- ✓ Latest techniques
- ✓ Clinical updates
- ✓ Expanding current knowledge and experience
- ✓ Inspiring, dynamic keynote speakers
- ✓ Diverse, excellent program with a variety of topics
- ✓ Positive, calm atmosphere
- ✓ Strength of consumers and young people presenting their experiences
- ✓ Positive networking opportunities.

Contact:

The Conference Organiser
TheMHS Conference
PO Box 192 Balmain
NSW Australia 2041

Phone: +61 (02) 9810 8700

Fax: +61 (02) 9810 8733

Email: info@themhs.org

Website: www.themhs.org

**Closing date for
submission of abstracts
Friday 5 March 2004**

Registration application form will be mailed out and will be available from TheMHS & AICAFMHA websites in May 2004
www.themhs.org
www.aicafmha.net.au

HARVESTING HOPE



ACROSS THE LIFESPAN

14TH ANNUAL THEMHS CONFERENCE

The Mental Health Services Conference Inc.
of Australia and New Zealand (TheMHS)

5TH AICAFMHA CONFERENCE

Australian Infant, Child, Adolescent and Family
Mental Health Association (AICAFMHA)

Gold Coast Convention Centre
Broadbeach, QLD, Australia

1 - 3 September 2004

31 August 2004 - Pre-conference Day



THEMHS
CONFERENCE



CALL FOR PAPERS