for siblings, families, practitioners

Siblings

BROTHERS AND SISTERS OF CHILDREN WITH SPECIAL NEEDS

BY KATE STROHM

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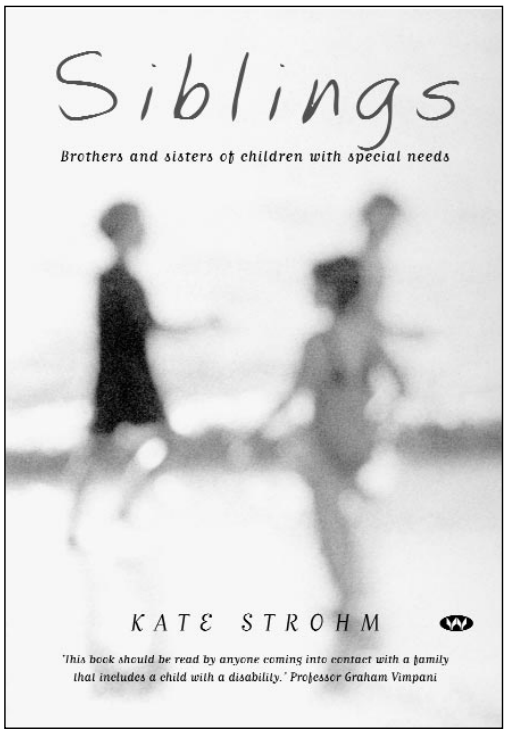

Siblings tells what it is like to grow up with a sister or brother who has a disability or chronic illness. The siblings of children with special needs are often the overlooked ones in families struggling to cope.

Kate Strohm, an experienced health professional and journalist who has a sister with cerebral palsy, bravely shares the story of her journey from confusion and distress to greater understanding and acceptance. She also provides a forum for other siblings to describe their struggles with resentment, guilt, grief and isolation, their fears and also their joys.

Besides giving siblings a voice at last, Kate Strohm also provides strategies that siblings themselves, parents and practitioners can use to support brothers and sisters of children with special needs.

'This book should be read by anyone coming into contact with a family that includes a child with a disability.' Professor Graham Vimpani

Kate Strohm has worked as a hospital scientist, health educator, counsellor, and print and radio journalist. She manages the Sibling Project at the Women's and Children's Hospital in Adelaide, South Australia.

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