

**YOUTH IN MIND: Youth Mental Health
Care in General Practice
7 November 2002**



**National Divisions of General Practice Network Forum
7 – 10 November 2002
Brisbane Convention & Exhibition Centre**



**Youth Mental Health Care
in General Practice**

YOUTH IN MIND POSTER PRESENTATIONS - INTRODUCTION

About YOUTH IN MIND

Youth in Mind is a one day conference held as part of the 4th Annual Divisions of General Practice Network Forum on the 7 November 2002. It is hosted by the National Divisions Youth Alliance (NDYA) and National Mental Health programs within the Australian Divisions of General Practice (ADGP).

The aim of *Youth in Mind* is to provide the opportunity for the Divisions Network, GPs, Youth Mental Health Stakeholders, Young People and Carers, to come together and discuss the role of General Practice and Divisions in addressing mental health issues affecting young people.

The conference themes are:

Building Partnerships >> Sharing Knowledge >> Supporting Participation

YOUTH IN MIND Poster Presentations

The *Youth in Mind* Working Party welcomes poster presentations from Divisions that reflect one or more of the following key areas:

- Challenges and Best Practice in Youth Mental Health Care;
- Divisions initiatives promoting positive mental health amongst young people;
- Building Partnerships between Young People, Youth Mental Health Services, Divisions and General Practice; and
- Engaging Young People.

About the National Divisions of General Practice Network Forum 2002

The theme of the National Divisions' Forum for 2002 is "Building Excellence in Primary Health Care". This theme has been chosen to reflect the role of Divisions in delivering services to general practices and communities, in building partnerships and bridges between general practice, the wider health sector and consumers, and in managing change in general practice and primary health care. It provides scope for consideration of how Divisions can build on their achievements over the past ten years, where the future might be leading us and, importantly, how we can work with our stakeholders to create a strong, vital primary health care sector to which general practice is integral.

The National Divisions' Forum, incorporating the *Youth in Mind* conference, will be held at the Brisbane Exhibition Centre from the 7 – 10 November 2002.

PRESENTATION & PREPARATION

Posters are an integral part of a conference. They should be designed so they can:

- be available for unattended viewing; and
- have attended viewing at allocated times.

Besides allowing a larger amount of information to be transferred in a limited amount of time, poster sessions provide the opportunity for in-depth exchanges with interested members of the audience. The poster, therefore, should be self-explanatory so that the presenter is free to supplement and discuss particular points raised by viewers.

It may also be useful to provide copies of a “summary sheet” or handout of the poster’s content, including contact details for the presenter/s that is available for delegates to take with them.

Original sketch

- plan your poster early
- centre your attention on a few key points
- try different styles of data presentation to achieve clarity and simplicity
- does the use of colour help?
- what needs to be expressed in words?
- draft headlines and text topics

Rough layout

- enlarge your best initial sketch, keeping the dimensions in proportion to the final poster - ideally the rough layout should be full size
- a blackboard is a convenient place to work
- print the title and headlines and indicate text by horizontal lines
- draw rough graphs and tables
- this stage provides ideas for proportion and balance

Final layout

- the artwork is completed
- the text and tables are typed but not necessarily enlarged to full size
- is the message clear?
- do the important points stand out?
- is there a balance between words and illustrations?
- is there spatial balance?
- is the pathway through the poster clear?

Balance

- figures and tables should cover slightly more than 50% of the poster area
- if you have only a few illustrations, make them large
- do not omit text, but keep it brief
- the poster should be understandable without oral explanation

Typography

- avoid abbreviations, acronyms and jargon
- use a consistent style throughout
- bear in mind that illustrations will be viewed from distances of one metre or more and lettering should be at least 13mm and preferably in bold type
- use brief captions

Movement

- the movement (pathway) of the eye over the poster should be natural (down the columns and along the rows)
- size attracts attention and arrows, hands, numbers and letters can help clarify sequence

Simplicity

- the temptation to overload the poster should be avoided
- more material may mean less communication!
- Ask yourself, what do I want the viewer to remember?

DIMENSIONS & LOCATION

- all posters must have title and authors
- there will be a minimum of 2 posters per poster board.
- poster boards are 2350mm wide, 1135mm deep and 1960mm tall with velcro-compatible background.
- materials can be pinned or velcroed to these boards
- posters should be prepared in advance and brought in person by the author(s)
- the name of the author(s) institution and city should be indicated
- poster boards will be positioned around the perimeter of Hall 1 (see attached floor plan)
- requests for power, tables and brochure holders will be considered. The cost for these items are listed in the attached application form
- poster viewing will be available at the Welcome Reception, during morning and afternoon tea breaks and at lunch breaks (see schedule overleaf).

Please remember to bring all materials required for assembling posters (pins, velcro, tape, etc), as the organisers will not supply these on the day.

SCHEDULE

The following schedule has been developed for the *Youth in Mind* poster display. It is important that posters are mounted at the specified time.

Thursday 7 November- Youth in Mind Conference

7.00 – 8.00am	Access to Youth in Mind poster display area for set-up
8.00 – 9am	Registration desk opens
10am	Youth in Mind poster displays set-up to be completed
10.20 – 10.40am	Morning tea: Poster display session
12.30 – 1.30pm	Lunch: Poster display session
3.00 – 3.20pm	Afternoon tea: Poster display session
5.30pm	Youth in Mind Conference closes
	Youth in Mind posters to be mounted in trade exhibition area
6.30 – 8.30pm	Divisions of General Practice Network Forum Welcome Reception amongst trade exhibitions and poster displays

Friday 8 November- Divisions of General Practice Network Forum

8am – 5pm	Poster displays and exhibition open for viewing
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Saturday 9 November- Divisions of General Practice Network Forum

8am – 5pm	Poster displays and exhibition open for viewing
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Sunday 10 November- Divisions of General Practice Network Forum

8am – 3.30pm	Poster displays and exhibition open for viewing
3.30pm – 4.30pm	Poster displays dismantled

Disclaimer: The Australian Divisions of General Practice Ltd/Conference Solutions Pty Ltd will not be responsible for any loss or damage occurring to posters, or posters not collected by 4.30pm on Sunday 10 November.

CONTACT DETAILS

All enquiries regarding the Poster Display should be directed to –

Lilian Prdjan

Event Co-ordinator
Conference Solutions
PO Box 238, Deakin West ACT 2600

Telephone: (02) 6285 3000 Facsimile: (02) 6285 3001

Email: lilian@con-sol.com

CHECKLIST

Have you forwarded these items to Conference Solutions?

- Poster Abstract (see Application Form)
- Request for additional requirements for your display (see Application Form)



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APPLICATION FORM FOR YOUTH IN MIND POSTER PRESENTATIONS

PLEASE PRINT OR TYPE AND COMPLETE ALL RELEVANT SECTIONS

Closing Date: 30 August 2002

Poster Display space is limited and the cut off date cannot be extended

Surname _____ First Name _____ Title _____
Mr/Mrs/MS/Dr/Other

Organisation or Division _____

Mailing Address _____

City/State _____ Country _____ Postcode _____

Telephone () _____ Facsimile () _____

Email _____

Poster dimensions _____

I would also be interested in exhibiting my poster in the Divisions Network Forum Trade Display

Additional Requirements Request

- Poster Board only required (complimentary)
- Table & cloth required @ \$25 each
- Brochure Holder required @ \$25 each
- Power required @ \$ 55 (4 amp power outlet)

Please forward your completed form to Conference Solutions – Fax: 02 6285 3001 at you earliest convenience.