

THIRD NATIONAL CONFERENCE

The
Queen Elizabeth
Centre



THE CRITICAL EARLY CHILDHOOD YEARS:
Rethinking Current Interventions and Strategies

Program & Registration



Sponsored by



1 & 2 OCTOBER
2004

Copland Theatre, The University of Melbourne
Melbourne, Australia

WELCOME

Dear Colleagues

It is with great pleasure that we invite you to the Queen Elizabeth Centre's Third National Conference.

QEC is an early parenting centre with over eighty years of caring for, supporting and educating parents experiencing difficulty with the care of their infants and toddlers.

CONFERENCE THEMES

The conference will present the most recent research findings and current issues relating to five themes;

- Care and education in early childhood
- New understandings of early childhood
- High needs families and high-risk infants
- Prevention and early intervention for parents and children: building competence
- Early Parenting Education

Continuing Education Points:

Continuing education points are currently being negotiated for lactation consultants, medical practitioners, registered nurses, social workers, psychologists and child care workers.

INTERNATIONAL KEYNOTE SPEAKERS

Professor Lynne Murray, PhD.

Lynne Murray is Professor of Developmental Psychology at the University of Reading, UK. Lynne is well known internationally for co-authoring one of the world's most important and current infant-parent communication books *Your Social Baby: Understanding Babies' Communication from Birth*. This book has been a valuable resource for both parents and practitioners. Lynne has worked since 1973 as a researcher in the area of infant development with particular emphasis on early social development, communication with mothers and parenting practices.

When undertaking the Winnicott Research Fellowship in Cambridge in 1985, Lynne started up a prospective, longitudinal study of the development of children of postnatally depressed mothers. This unique sample is still being followed up today, with 95% of those originally recruited still taking part. In collaboration with her husband, Professor Peter Cooper, they run the highly acclaimed Winnicott Research Unit, and conduct clinical trials for both the treatment and the prevention of postnatal depression and associated difficulties in the mother-infant relationship, including NHS treatment programs to support parents. Transcultural issues are of special interest as these clinical trials have been undertaken both in the UK and in squatter camps in South Africa. Research has included longitudinal studies on the infants of mothers with social phobia and generalised anxiety disorder and also into the development of infants with cleft lip and palate, a particular interest being the possible impact on the parent-child relationship. Lynne has been an active member of the Marcé Society, an international society for research into perinatal psychiatric disorder, and held its presidency in the last two years.

Professor Hilton Davis, PhD.

Hilton Davis is Professor of Child Health Psychology at King's College, London and a consultant clinical child psychologist with the South London and Maudsley NHS Trust. He is based at Guy's Hospital and is the Director of the Centre for Parent and Child Support, the main aim of which is to provide consultancy, training and research internationally in relation to the provision of psychosocial support for families using community services. Professor Davis regularly provides consultancy and training internationally. He has extensive experience in both clinical and research work with children and their families, in a variety of contexts including early intervention and prevention in relation to disabilities, chronic illness, and emotional and behavioural problems.

In order to improve the communication processes between helpers and families, and ultimately the support given to families, he has been involved with the development of the Family Partnership Model (or Parent Adviser Model). The model provides practical theoretical frameworks, backed by evidence based training. He has also been involved with the design and evaluation of services to prevent psychosocial problems, including abuse and neglect (e.g. European Early Promotion Project and Oxford Home Visiting Project). This has included the development of a tiered system of services to ensure the coordination and collaboration of all relevant child and family services. He has published extensively. Professor Davis will also conduct a one day pre-conference workshop: *Exploring the Parent Adviser Partnership Model: An Aspect of Home Visiting*.



INVITED AUSTRALIAN SPEAKERS

Professor Ross Homel, PhD

Foundation Professor of Criminology and Criminal Justice at Griffith University in Brisbane, Australia. Ross has worked in a number of significant roles including, Commissioner of the Queensland Criminal Justice Commission, Deputy Director of the Key Centre for Ethics, Law, Justice and Governance at Griffith University, Editor of the Australian and New Zealand Journal of Criminology, and co-director of a large early intervention project in a disadvantaged area of Brisbane. Ross has produced numerous books and papers and is soon to publish the book *Pathways to Prevention*. His national keynote speech is titled *Reducing Pathways to Criminality: A Prevention Project Implemented Through Community Development*.

Professor Sandra Lancaster, PhD

Professor of Clinical Psychology, Victoria University, Melbourne, Australia. Sandra is a Fellow of the Australian Psychological Society, Chair of the College of Clinical Psychologists (Victoria) and has a statutory appointment to the Psychologists Registration Board. Her previous roles have been in the Department of Psychological Medicine, Monash University /Director of Psychology for Southern Health and Deputy Director of Psychology at the Royal Children's Hospital. Her research interests are in the areas of pregnancy, transition to parenthood, infant adjustments and early intervention. Sandra has published extensively, and recently published a chapter on Infant Depression. Her national keynote speech is titled *Transition to Parenthood – Research Findings*.

Associate Professor Julie Quinlivan, PhD

Associate Professor in the Department of Obstetrics and Gynaecology, at the University of Melbourne, Australia and Head of the Maternity Care Program at the Royal Women's Hospital. Julie has research interests in the areas of teenage pregnancy, domestic violence, the impact of prenatal stress on fetal brain development and high risk pregnancy. Following the publication of her Australian randomized trial into sustained home visiting in teenage mothers in the Lancet in 2003, she was invited to be a member of the expert reference group to help oversee the evaluation of the Universal Contact and Family Home Visiting Program for families in South Australia. The project with an annual budget of \$8 million, involves 34 home visits by qualified child health nurses supported by a multidisciplinary team of psychologists, social workers and family brokers in the first two years of a child's life to those families identified with additional needs. Julie's national keynote speech is titled *Evidence Based Interventions for New Mothers and Their Babies*.

John Zika

Executive Director of the Victorian Co-operative on Children's Services for Ethnic Groups, (VICSEG) a community agency that has assisted immigrant and refugee families to access children's services for 25 years. John arrived in Australia in 1949, from Czechoslovakia with his parents after a year in refugee camps as displaced persons. He is currently Commissioner of the Victorian Multicultural Commission. His national keynote speech is titled *Refugee Families: Some Challenges to Culturally Sensitive Early Childhood Practice*.



CONFERENCE INCLUDES

- International keynote presentations including short workshops
- Invited papers from prominent national keynote speakers
- Concurrent workshops and papers
- Poster displays
- 1 day pre-conference workshop Thursday 30 September: *Exploring the Parent Adviser Partnership Model: An Aspect of Home Visiting* conducted by Professor Hilton Davis
- Pre-conference tour of the Queen Elizabeth Centre's residential facility at Noble Park
- Conference dinner: Friday 1 October 2004, University House, located Professors Walk, The University of Melbourne.

ENTERTAINMENT

Ray Crowe's magic is sprinkled with witty, charming comedy

CATERING

Conference Catering
Mary and Steve, The Caterers

ENQUIRIES

Conference Secretariat

Gini Solutions PO Box 123
East Kew, Victoria, Australia 3102
Telephone: +61 3 9859 5508
Mobile: 0419 178 138
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The Queen Elizabeth Centre

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Melbourne, Victoria, Australia, 3174
Telephone: +61 3 9549 2777
Facsimile: +61 3 9549 2779
Email: theqec@qec.org.au
Web: www.qec.org.au



CONFERENCE PROGRAM

Thursday 30 September 2004

	Pre-conference workshop
09.00 – 16.30	Professor Hilton Davis <i>Exploring the Parent Adviser Partnership Model: An Aspect of Home Visiting</i>

Friday 1 October 2004

PLENARY SESSION 1

09.00	Opening Address – to be announced
09.15	International Keynote Address Professor Lynne Murray
10.15	Invited Australian Speaker Professor Ross Homel <i>Reducing Pathways to Criminality: A Prevention Project Implemented through Community Development</i>
11.00	Morning Tea

CONCURRENT SESSION 1

11.30	Proffered papers or Workshops
12.30	Lunch – Meet your Mentor over lunch

PLENARY SESSION 2

13.30	Invited Australian Speakers Professor Sandra Lancaster <i>Transition to Parenthood: Research Findings</i>
14.15	Associate Professor Julie Quinlivan <i>Evidence Based Interventions for New Mothers and Their Babies</i>
15.00	Afternoon Tea

CONCURRENT SESSION 2

15.30	Proffered papers or Workshops
17.00	Close – Day One
19.00 for 19.30	CONFERENCE DINNER University House, Professors Walk, Melbourne University



Saturday 2 October 2004

PLENARY SESSION 3

09.00

International Keynote Address

Professor Hilton Davis

10.00

Invited Australian Speaker

John Zika

Refugee Families: Some Challenges to Culturally Sensitive Early Childhood Practice

10.30

Morning Tea

CONCURRENT SESSION 3

11.00

Proffered papers or Workshops

12.30

Lunch – Meet your Mentor over lunch

CONCURRENT SESSION 4

13.30

Proffered papers or Workshops

15.00

Afternoon Tea

PLENARY SESSION 4

15.30

Panel of Invited Speakers: Summary of Key Themes and Future Directions

16.10

Senator Jacinta Collins

Senator for Victoria and Federal Shadow Minister for Children and Youth

Early Interventions and Strategies: A Federal Issue

16.30

Magic – Ray Crowe, one of Australia's leading contemporary magicians

17.00 -17.10

Close

Bruce Morley, President, Board of Management, Queen Elizabeth Centre

CONCURRENT SESSIONS AND WORKSHOPS

Presenter name in bold. All papers will be 30 minutes; 25 minutes presentation 5 minutes question time unless otherwise indicated

CONCURRENT SESSION 1

FRIDAY 11.30 – 12.30

1A Guiding National Policy

- **Gillian Calvert**, NSW Commissioner for Children and Young People (NSW) *A Head Start for Australia: An Early Years Framework*
- **Teena Blewitt**, Jenny Myers, FACS (ACT) and **June McLoughlin, Shannon Newman**, Centre for Community Child Health (Vic) *Parenting Information Project*

1B Post-Natal Depression

- **Fiona Clements**, GP (Vic) *Post Partum Fatigue: A Literature Review*
- **Members of the Victorian Postnatal Depression Group Facilitators Network** Auspiced by PaNDa – Post and Antenatal Depression Association (Vic) *Postnatal Depression and the Transformative Power of Group Work*

1C Parent Education for Toddlers

- **Harriet Hiscock**, Centre for Community Child Health, **Jordana Bayer**, Murdoch Children's Research Institute (Vic) and **Melissa Wake**, University of Melbourne (Vic) *Preventing Toddler Externalising Behaviour Problems: Pilot Evaluation of a Universal Parenting Program*
- **Marisa Baschuk**, Victorian Parenting Centre (Vic) *A Universal Preventative Program for Parents of Toddlers – The Role of Primary Care*

1D Multi Agency Partnerships

- **Best Start Facilitators**, Best Start (Vic) *How Partnerships Can Work to Strengthen Early Childhood Services*
- **Alison King**, Noarlunga Health Services (SA) *Pathways for Families – a Multi-Agency Collaboration to Enhance Child Health Outcomes*

1E Antenatal and Early Postpartum Support for High Risk Infants

- **Natalie Boyle** and **Kathryn Le Maistre**, RCH (Vic) *Do They Make a Difference? Parent Groups in an Acute Paediatric Setting*

- **Jo Howard** and **Katy Rageb**, Inner South Community Health Service (Vic) *Taking it to the Streets–Outreach Community Midwifery to At-Risk Women*

1F Working with Culturally and Linguistically Diverse (CALD) Families

- **Giovani Hassan** and **Gabriela Lipford**, Catholic University of Rome *The Psychological Experience of Motherhood in Immigrant Mothers: Observation of Cases at the Policlinico Universitario Agostino Gemelli, Rome*
- **Ha Tran**, Maternal Child Health Service, Hobson's Bay City Council (Vic) *Old Ways–New Ways Vietnamese Child Nutrition*

1G Parent Education and Support in a Day Stay Program

- **Pam Stilling**, Queen Elizabeth Centre (Vic) *The Queen Elizabeth Centre Day Stay Program for Parents with Infants and Toddlers*
- **Jan Matthews** and **Louise Hayes**, Victorian Parenting Centre (Vic), **Alison Copley** and **Debra Welsh**, Queen Elizabeth Centre (Vic) *Effectiveness of a Day Stay Program for Parents of Infants and Toddlers: A Randomized Controlled Study*

1H Dilemmas for Mothers and Society in the 21st Century

- **Kate Mortenson**, Australian Breast Feeding Association (Vic) *Sustained Breast Feeding*
- **Kate Clere**, Second Nature Films (NSW) *A Hard Place* (15 min film)

1I Workshop (1 hr)

- **Professor Lynne Murray**
This workshop will be repeated in concurrent session 2

1J Workshop (1 hr)

- **Donna Henderson**, Association for Children with a Disability (Vic) *Inclusion of Families of Children with a Disability into Generic Early Childhood Services*. This workshop aims to engage professionals into thinking about the realities of life from the perspective of families and children with a disability and to provide an opportunity to consider practical strategies that may assist to include these families.

1K Workshop (1hr)

- **Ray Lees and Pat Wells**, Parentzone, Gippsland (Vic) *Learn and Play*. This workshop will provide information on a 10 week parent education program based in rural Victoria which has a focus on parenting competence, parent and early childhood literacy, socialisation, information technology skills and an awareness of personal identity, goals and strengths.

1L Workshop (1hr)

- **Andrea Bialocerkowski**, University of Melbourne and **Sharon Vladusic**, Royal Children's Hospital (Vic) *Positional Plagiocephaly-Current Concepts in Prevention and Management*. The aim of the workshop is to increase knowledge of positional plagiocephaly, the factors that place the infant at risk, the strategies that reduce the likelihood of positional plagiocephaly and the effectiveness of interventions.

1M Workshop (1hr)

- **Jian Zhao** and **Sandra Brennan**, Children's Services Resource and Support Program, Hornsby Shire Council, (NSW) *Introducing Children to Other Languages through Play*. This workshop will discuss strategies that will promote a bilingual program in child-care settings, the benefits of a bilingual program and increase participant's awareness of the bilingual child's needs.

MEET YOUR MENTOR Friday lunch commences @ 12.30

Distinguished conference presenters will be available for discussion over lunch for 1/2hr between 12.45 – 13.15. Room to be arranged.

2A Working with Young Disadvantaged Parents

- **Marita Ram**, Families Now (QLD) *Strategies of Engagement in Beenleigh: The Families Now Experience*
- **Erica Gwynne, Liz dePlater**, West Moreton Health Services District (QLD) *Family CARE for Young Parents Project*
- **Cindy Smith**, Darebin Community Health (Vic) *Using a Foucauldian Approach to Working with Young Mothers*

2B Post Natal Depression and Preventing Parent-Infant Difficulties

(2 papers x 45 minutes each)

- **J. Milgrom**, R. McCarthy, B. Saunders, J. Ericksen, Y. Romeo, E. Loughlin, Parent-Infant Research Institute (Vic) *Self-Directed Minimal Intervention Antenatally to Prevent Parent-Infant Difficulties*
- **Nancy Stone**, Caroline Chisholm Society, **Jo Speed**, Maternal and Child Health Service, Shire of Moorabool (Vic) *A Multi-Disciplinary, Collaborative Model of Therapeutic Group Work for Women (and Infants) Experiencing the Impact of Post Natal Depression, in a Rural Context*

2C Parent Education and Support

- **Jann Fielden**, Massey University (NZ) *Parenting Education Program Evaluation: An Evaluation of a Group Parenting Education Program in New Zealand*
- **Michelle Haling**, Perinatal and Infant Mental Health Service, George Street Health Centre (NSW) *The Support and Mental Health Needs of First Time Fathers*
- **Emma Baldock**, Queen Elizabeth II Family Centre, (ACT) *Support and Education for Grandparents who are Parenting Grandchildren: Community Counselling and Community Development in Action*

2D Achieving Organisational Change for Children and Family Services

- **Marilyn Chew**, Queensland Health (QLD) *What Makes the Difference? Successful*

Reorientation of Child and Family Health Services—a Thematic Analysis

- **Pam Murphy, Mary Hood**, Child and Youth Health (SA), *The Family Partnerships Model Applied in Statewide Nurse Family Home Visiting: Building Competence in Families through Quality Helping Relationship*
- **Lili James**, Family Services, City of Dandenong (Vic) *Working in Partnership to Assist High Needs Culturally Diverse Families*

2E Home Visiting Programs for High Needs Families

- **Lesley Hewitt** and Cathy Flynn, Monash University (Vic) *Reaching out to Families with High Risk Infants: Reporting the Early Findings for the Community Bubs Program Evaluation*
- **Shannon Newman** and Melissa Coutts, Centre for Community Child Health (Vic) *Evaluation of the QEC Parenting Plus Program: Phase Two*
- **Helene Hardgrove**, Newtrain Inc (NSW) *A Journey Shared, Educational Interventions for Parents with High Needs*

2F Developmental Delay

- **Donna Henderson**, Association for Children with a Disability (Vic) *Prematurity and Disability*
- **Marcia Armstrong**, Maternal and Child Health Service, City of Wodonga (Vic) and Sharon Goldfeld, Centre for Community Child Health (Vic) *Using a Developmental Screening Tool to Co-ordinate and Focus Services on Detecting Children's Developmental and Behavioural Concerns*
- **Jane Williams**, James Cook Uni (Q) *Listening to Mothers: An Interpretation of the Accounts of Mothers whose Children Have Not Been Identified with Developmental Problems until School*

2G Workshop (1.5 hr)

- **Professor Lynne Murray** (repeat of concurrent session 1 workshop)

2H Workshop (1.5hr)

- **Louise Newman** and **Caroline Stevenson**, NSW Institute of Psychiatry (NSW) *Interventions for Parents with a Severe Personality Disorder: Watch Wait and Wonder for Mothers with Borderline Personality Disorder and their Infants*. This workshop will discuss a program involving mothers and their infants under 36 months who attend between 10-12 sessions of therapy aimed at improving the mother-infant relationship.

2I Workshop (1.5hr)

- **Donna Wooster**, Uni South Alabama (USA) *Best Practice Assessment and Intervention Methods for Non-Organic Failure to Thrive in Infants and Toddlers*. This workshop will examine current literature from a variety of treatment programs to determine best practice assessment and intervention techniques.

2J Workshop (1.5hr)

- **Barbara Wellesley, Paul Pritchard, Jim Crowley**, Good Beginnings (NSW and Tas) *Snapshots of Innovation in Early Parenting Intervention*. This workshop will provide an overview of successful parenting interventions and effective interagency collaboration for families in a variety of communities.

2K Workshop (1.5hr)

- **Rosemary Hedges, Marg Parker** and **Deb Kay**, Child and Youth Health (SA) *The Access Assistants and Delegated Care Programs: A South Australian Partnership for Health Care and Education Program*. This workshop will examine the state wide South Australian program which supports children with special needs when attending mainstream education including childcare centres, pre-school and schools.

CONCURRENT SESSIONS AND WORKSHOPS

Presenter name in bold. All papers will be 30 minutes; 25 minutes presentation 5 minutes question time unless otherwise indicated

CONCURRENT SESSION 3

SATURDAY 11.00 – 12.30

3A Adolescent Mothers

- **Katrina Bottomley** and Sandra Lancaster, Monash Medical Centre (Vic) *Smoking Patterns and Levels of Depression in Pregnant Adolescents*
- **Kathryn Gilson** and Sandra Lancaster, Monash University (Vic) *Differences Between Depressed and Non-Depressed Adolescent Mothers*
- **Rachele Aiello** and Sandra Lancaster, Monash University (Vic) *Maternal Separation Anxiety and Infant Development in Adolescent Mother Dyads*

3B Programs to Support High Needs Pre-Schoolers

- **Kate Freiberg**, Ross Homel, Sam Batchelor, Angela Carr, Ian Hay, Gordon Elias, Griffith University, Cherie Lamb, Mission Australia (QLD) *The Pathways to Prevention Project: A Pathway to Participation for Children Attending Preschool in a Disadvantaged Community*
- **Cherie Lamb**, Mission Australia (QLD) *Prevention is Better than Cure; Outlining the Family Support Component of the Pathways to Prevention Project in Brisbane*
- **Gaye Mitchell, Meike Wasterval, Sue Olarens Shaw**, Eastern Early Childhood Services (Vic) *Working Together—Early Childhood Services: Workers, Preschool/ Childcare Staff and Families Unite to Change Patterns, Perceptions and Beliefs about Challenging Behaviours in Pre-school Children*

3C Training Needs for Universal Early Childhood Workers

- **Tessa Hughes**, Centre for Community Child Health (Vic) *The Integrated Early Years Training Initiative*
- **Cassandra Wass** and Mimi Wellisch, Department of Community Services (NSW) *Case Worker Placements in Child Care Centres: A Pilot Project*
- **Jeanine Young**, Royal Children's Hospital and Peter O'Rourke, Queensland University of Technology (QLD) *Reducing the Risk of SIDS: What Do Nurses and Midwives Know, Think and Do About the "Reduce the Risk" Messages*

3D Increasing Service Access for Vulnerable Families

- **Catherine Hydon**, Janet Stanley, Nina Van Dyke and Stephen Carbone, Brotherhood St Laurence (Vic) *Understanding Vulnerability in Early Childhood: Many Stories, Many Challenges, Many Answers*
- **Lisa Gallagher**, Youth and Family Services Kingston City Council (Vic) *Practical Strategies for Increasing Service Access for Hard to Engage Communities: Families and Children*
- **Sue Gardiner** and **Alice Yianni**, Maternal and Child Health Service, City of Banyule (Vic) *The West Heidelberg Story: A Model for the Future*

3E Understanding Children's Experiences: New Understandings

- **Janet Taylor**, Brotherhood of St Laurence (Vic) *Life Chances: the Child's View*
- **Gillian Potter**, University of Southern Queensland (QLD) *Children Talk About School*
- **Jennifer Phipps** and Beryl McKenzie, National Gallery of Victoria (Vic) *Tadpoles and Toasting Forks: The Influence of Child Art (Kindergarten) on Australian Artists*

3F Parent Support Programs

- **Maureen Bott, Lisa Guife, Sigrid van der Kooi, Paula Camilleri and Halime Duzen**, Orana Family Services (Vic) *The GAIN Project (Growing an Inclusive and Innovative Neighbourhood) An Integrated Approach to Early Childhood Investment*
- **Jann Marshall**, Department of Health (WA) *The Baby Talk Program in Western Australia. Results of the First Two and Half Years of Implementation*
- **Jill Meldrum**, ACT Dept of Education, Youth and Family Services (ACT) *Supporting Parents-Building Knowledge and Confidence in the Parenting Role*

3G Workshop (1.5 hr)

- **Professor Hilton Davis**
This workshop will be repeated in concurrent session 4

3H Workshop (1.5 hr)

- **Ruth Schmidt Neven**, Centre for Child and Family Development (Vic) *Under Fives Counselling- Opportunities for Growth, Change and Development for Children and Families*. This workshop describes the short-term focused therapy carried out at the Centre for Child and Family Development in Melbourne.

3I Workshop (1.5 hr)

- **Shona Charters** and **Holly Brennan**, Family Planning (QLD) *Sexual Development in Early Childhood: Identifying and Responding to Normal Sexual Behaviours and At Risk Sexual Behaviours in the Early Years*. This workshop has been designed to increase awareness about 'normal' and 'at risk' early sexual behaviours and also provide a framework for developing practical and positive strategies.

3J Workshop (1.5 hrs)

- **Kate Tuohy-Main**, Physiotherapist and Consultant (NSW) *Rethinking Care of Child Care Staff, Children and their Parents from an Occupational Health and Safety Perspective*. This workshop will increase participants awareness of the risks involved in repetitive lifting of children, including children with special needs.

3K Workshop (1.5 hrs)

- **Helen Webb** and **Barbara Jackson**, Mid West and Murchison Health Region (Western Australia) *Comprehensive Preventative and Early Intervention Services to Families-The Next Step (SPOTS)*. This workshop will discuss the partnerships developed to provide preventative and early intervention services for families with young children in the remote Murchison region of Western Australia. SPOTS is one aspect of the partnership strategy which has a focus on pre-primary age assessment for developmental and learning delay, fun group games and activities to assist literacy and learning.

MEET YOUR MENTOR Saturday lunch commences @ 12.30

Distinguished conference presenters will be available for discussion over lunch for 1/2hr between 12.45 – 13.15. Room to be arranged.

4A Working with Substance Using Parents

- **Stefan Gruenert**, Menka Tsantefski and Laura Petrie, Odyssey House (Vic) *Parental Drug Treatment: Including Children and Building Family Capacity*
- **Jenny Fraser**, Queensland University of Technology (QLD) Sharon Dawe, Griffith University (QLD), Paul Harnett, University of Queensland (QLD) *The Parents Under Pressure Program (Babies) for Opiate Dependent Parents*
- **Cathy Davis**, Aust Catholic University (ACT) and Graham Vimpani, University of Newcastle (NSW) *Fresh Start: The Development of an Early Intervention Program to Promote Competence in Opiate Dependent Mothers and Prevent Mental and Behavioural Disorders in their Infants*

4B Sleep and Settling

(4 presentations 20 minutes each followed by 10 mins discussion)

- **Elise Morton–Allen**, Zeffie Poulakis, Melissa Wake, Harriet Hiscock, Susie Gallagher, Frank Oberklaid, Centre for Community Child Health (Vic) *Prevalence, Stability and Outcomes of Cry/Fuss and Sleep Problems in the First Two Years of Life: a Prospective Community–Based Study*
- **Duncan Howard**, Brunswick Community Medical Centre (Vic) *Babies and Sleep—Parents Perspective*
- **Julie Woodier**, La Trobe University (Vic) *Prevention and Efficacy of Infant Sleep and Settling Issues Through Parental Education*
- **Jeanine Young**, Royal Children's Hospital (QLD), Peter O'Rourke, University of Queensland (QLD), Diana Battistutta, Queensland University of Technology (QLD), *Safe Sleeping Practices: Are Queensland Parents Using the Reduce the Risk of Sudden Infant Death Syndrome Recommendations?*

4C Parent Education

- **Ray Lees** and **Pat Wells**, Parentzone (Vic) *Learn and Play*
- **Wendy Jones**, Maternal Child Health Line (Vic) *The MCH Line: A 24 hr Telephone Service that Supports Victorian Families to*

Nurture their Families Health and Wellbeing through Care and Education

- **Margaret Sasse**, Toddler Kindy GymbarOO (Vic) *What Parents Need to Know and Why*

4D Working with High Needs Families

- **Elke Andrees** and Belinda Keatinge, Early Intervention Program, The Benevolent Society (NSW) *Long Term Work: A Luxury or an Essential*
- **Vicki Alford**, Outreach Program Maternal and Child Health Service, City of Banyule (Vic) *Trust—The Key Ingredient. The Key Learning and Issues of Best Practice in Establishing a Supported Playgroup*
- **Deborah Nemeth**, Karitane (NSW) *Caring for Clinicians: A Model of Caring for the Mental Health and Well Being of Staff Working with High Needs Families*

4E Promoting Safe and Healthy Environments for Children

- **Nick Guggisberg** and Neil Harris, Albion Park Neighbourhood Association, (NSW), Vivienne Cunningham-Smith and Naomi Konza, Barnardos South Coast, (NSW) Tessa Parsons and Jo Walton, Shellharbour City Council (NSW) *One Size Does Not Fit All*
- **Prue Walsh**, Play Environment Consultant (QLD), *The Role of Physical Environments*
- **Karen Mildren**, Community Development Officer, City Greater Dandenong (Vic) *Safestart Project: City of Greater Dandenong*

4F Strategies for Promoting Parent–Infant Interaction

- **Karen Knight**, Jane Hinton, Brisbane Southside Public Health Unit, Liz de Plater, West Moreton District Health Services, (QLD) *Mental Health Promotion in Infancy*
- **Leigh Davis**, Royal Children's Hospital, Heather Mohay, Queensland University of Technology, (QLD) *Mother–Infant Interaction in Premature Infants at Three Months After Nursery Discharge*
- **Bijou Blick**, Northern Beaches Child and Family Health Service, Beulah Warren, New South Wales Institute of Psychiatry, (NSW) *Getting to Know You: A Video of Infant Communication and Social Interaction*

4G Workshop (1.5 hrs)

- **Professor Hilton Davis**
This workshop is a repeat of the workshop in concurrent session 3

4H Workshop (1.5 hrs)

- **Hema Duff**, paediatric physiotherapist, **Fran Morris**, Maternal and Child Health Nurse and **Heather Whitfield**, psychologist, (Vic) *PAIRS Program: Parent and Infant Relationship Support Program and Manual*. This workshop will demonstrate the PAIRS Program using the manual. The manual provides a clear understanding of the aims and objectives of the program and practical guidelines to implementing the program.

4I Workshop (1.5 hrs)

- **Catharine Hydon**, Brotherhood of St Laurence and Janet Williams Smith, The Cottage, (Vic) *A Vision for a Transformative Universal Early Childhood Service*. This workshop will identify the theoretical framework underpinning this vision and identify the principles, features and benefits for the whole society.

4J Workshop (1.5 hrs)

- **Refugee Family Support Workers**, Victorian Co-operative on Children's Services for Ethnic Groups, Vicseg (Vic), *The Cultures of Child Rearing Among Recently Settled Refugee Families: A Challenge for Cross Cultural Understanding and Practice in Family and Children's Services sectors*. This workshop will provide a window into the child rearing practices and values that are traditional to families who have settled in Australia in the last decade from Africa and the Middle East.

4K Workshop (1.5hr)

- **Genevieve McMahon**, **Cathy Bucolo**, Statewide Acquired Brain Injury, City Mission (Vic) *Towards A New Tomorrow for Children with Acquired Brain Injury, Building Competence in Children, Families and Their Workers*. This workshop will discuss the causes and effects of ABI, the difference between ABI and other childhood disabilities and practical strategies for working with children with ABI, their families and their carers.

Poster Displays

Posters will be displayed on both conference days in the foyer on basement level. Presenters will be available at designated times to discuss their posters.

Trade Displays

A variety of trade displays will be exhibited throughout the Conference.

Conference Venue, Public Transport and Parking

The conference will be held in the Economics and Commerce building, University of Melbourne, Cnr Royal Parade and Grattan Street, Carlton, five minutes from the city centre. Easily accessed by tram and with ample daytime parking nearby.

Accommodation

A number of hotels have been reserved for conference delegates. To take advantage of the corporate rate you must indicate that you are attending the Queen Elizabeth Conference at the Melbourne University. Book directly with the Hotel.

- **Apollo Old Melbourne Hotel** \$212 p/rm
Tel: + 61 3 9329 9344
5-17 Flemington Rd, Nth Melbourne
www.oldmelbourne.com.au
email reservations@oldmelbourne.com.au
- **Travel Inn** \$110 p/rm
Tel: + 61 3 9347 7922
Free call: 1800 625 357
Cnr Grattan and Drummond St, Carlton
www.the-travel-inn.com.au
email: reservations@the-travel-inn-com.au
- **St Mary's College** \$52 p/person inc B&B
Tel: +61 3 9349 9501
Melbourne University
Cnr Swanston St and Tin Alley, Parkville
www.stmarys.unimelb.edu.au
email wcameron@stmarys.unimelb.edu.au

Childcare

Children's services at the University of Melbourne provide occasional care placements, however availability is limited. \$63 for single day, bookings should be made early. Childcare costs are not included in the conference registration fee. Please telephone direct +61 3 8344 9470 for further information.

Conference Registration and Fees

(All prices quoted in this brochure include GST)

Please complete the registration form and send it to the conference secretariat with payment. On receipt of payment, a confirmation letter will be

sent to you. Please keep the confirmation letter; it will be your official receipt. Bookings will only be confirmed upon receipt of correct payment.

<i>Full Conference</i>	Fee
• Early bird fee by 13/08/04	\$425
• After 13/08/04	\$485
<i>Single day</i>	
• Friday or Saturday	\$280
<i>Pre conference workshop</i>	
• Full day Thursday 30 September	\$166

Price includes morning tea, afternoon tea, and lunch. Catering by Mary and Steve, The Caterers. The registration fee does not include the conference dinner or accommodation. The conference dinner fee is \$75.

Pre-conference visit to The Queen Elizabeth Centre

Delegates, who wish to visit the QEC's Early Parenting Centre at Noble Park by appointment on Wednesday 29 or Thursday 30 September, please tick the box on the registration form. Transport: 45 mins via Monash Freeway or 60 minutes by train, including short walk. See QEC website for location www.qec.org.au

Cancellation Policy

Cancellations must be advised in writing to the conference secretariat. There will be a cancellation fee of \$100 prior to 13 September 2004. No refund will be given after this date. Conference Secretariat Gini Solutions, P.O. Box 123, East Kew, Victoria, Australia 3102. Tel: +61 03 9859 5508 Fax: +61 03 9859 0519 Mobile: 0419 178 138 Email: ginisolutions@bigpond.com

Official Airline

Qantas is pleased to support The Critical Early Childhood Years conference by offering up to 40% off the full Economy Class airfare, excluding taxes. The airfares are subject to availability at the time of booking and conditions apply. Call 13 13 13 and quote Profile Number **3573447** to access these airfares.

These airfares offer a number benefits including the following:

- Tickets can be purchased up to the day of departure
- Date changes are permitted at any time, subject to class availability
- Tickets are fully refundable up to three (3) days prior to departure of out-bound flights
- Delegates may book up to seven (7) days either side of the conference date.

If some of these benefits are not as important for you, we recommend that you take advantage of the many discounted Qantas airfares available by calling Qantas on 13 13 13 or visiting the Qantas website www.qantas.com.au to consider some of the latest website deals on offer. Discounts range from 15%-60% discount off the full Economy airfare.

Conference Dinner

Friday 1 October 7.00 for 7.30 pm. University House, Professors Walk, The University of Melbourne \$75.00 inc. GST. The Conference dinner will provide an excellent opportunity to catch up with colleagues in a relaxed atmosphere. The dinner will include dinner drinks, canapés and a three-course meal. Please complete the conference dinner section on the registration form.

Scenic Sites of Victoria

Interstate and overseas visitors may wish to visit scenic sites in Victoria, for example: The Great Ocean Road, Mt Buller, the Penguin Parade, Phillip Island, Yarra Valley Wineries, Dandenong Ranges, Puffing Billy, Healesville Sanctuary, Sovereign Hill, Echuca and Bendigo. Alternatively you may want to tour the Melbourne City Sights, visit the Aquarium, Casino or Scienceworks, Cruise the Yarra or dine in the Tramcar Restaurant. For further information on local social events, scenic sites and tours please tick the box on the registration brochure. Further information will be forwarded with your receipt. All bookings can be made through the Conference Secretariat.

Trade Exhibition and Conference Sponsorship

Approximately 500 delegates will be attending this national conference. For more information regarding Trade Exhibitions and Conference Sponsorship please contact the Conference Secretariat or refer to QEC www.qec.org.au

Disclaimer of Liability

The Queen Elizabeth Centre including the conference secretariat will not accept any liability for damages of any nature sustained by participants or their accompanying persons or loss of or damage to their personal property as a result of the conference or related events. The conference committee reserves the right to amend without notice any aspect of the program. All details contained in this Conference Program are correct at the time of printing. Opinions expressed by speakers are their own and not necessarily those of the Queen Elizabeth Centre.

Date received
Reg .No.

REGISTRATION FORM/TAX INVOICE

This form will be a tax invoice for GST purposes upon payment. Please keep a copy for your records. All prices quoted in this brochure are GST inclusive
 Note: One delegate per registration form. The registration form can be photocopied; registration will be made only if accompanied by correct payment.

Delegates Details

Title	Surname	First name
Organisation	Profession	
Postal Address		
City	State	Postcode
Country		
Business Tel ()	Fax ()	Email
Name and workplace you wish to appear on your badge		
Special Dietary Requirements		

Full Registration Fee (all prices include GST)

For conference 2 days: 1 and 2 October 2004

- | | Cost per person | Amount due |
|----------------------------------|-----------------|------------|
| • Early bird received by 20/8/04 | \$425 | \$ |
| • After 20/8/04 | \$480 | \$ |

For pre-conference full day workshop by Professor Hilton Davis: Thursday 30 September 2004

- | | | |
|---|-------|----------|
| • Workshop price has been kept to a minimum, numbers are strictly limited, preference will be given to those who register for the full conference | \$166 | \$ |
|---|-------|----------|

Single Day Registration Fee

- | | | | | |
|--------------------------|---------------------------------|-----------------------------------|-------|----------|
| • Tick day of attendance | <input type="checkbox"/> Friday | <input type="checkbox"/> Saturday | \$280 | \$ |
|--------------------------|---------------------------------|-----------------------------------|-------|----------|

Conference Dinner: Friday 1 October 2004 @ 7 for 7.30pm

Venue: University House (Includes all dinner drinks, canapés and 3 course meal)	\$75	\$
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TOTAL PAYMENT DUE \$

Payment Details

Please charge my credit card Bankcard MasterCard Visa Expiry date: / /

Card Number _____

Name on card (please print)

Signature of credit card holder

Bookings will only be confirmed upon correct payment with registration details. Please make **cheques, international bank drafts, and money orders payable to "The Queen Elizabeth Centre Conference"**. Bank cheques and drafts must be drawn on any major branch of an Australian Bank in Australian Dollars. Payment can be made by Credit Card. American Express and Diner Cards are **NOT** accepted. Payment with this form should be forwarded to: Conference Secretariat, Gini Solutions, P.O. Box 123, East Kew, Victoria, Australia 3102. Tel: +61 9859 5508 Fax: +61 03 9859 0519 Mobile: 0419 178 138 email ginisolutions@bigpond.com

Concurrent Sessions

Please indicate which concurrent sessions you wish to attend. Every effort will be made to accommodate your preference but seating may be limited in some sessions. You will be notified if one of your preferred sessions is fully booked. Bookings for concurrent sessions will be made according to date of receipt of your registration form.

Concurrent Session 1

Friday 1 October 11.30–12.30

- | | | |
|-----------------------------|-----------------------------|-----------------------------|
| <input type="checkbox"/> 1a | <input type="checkbox"/> 1f | <input type="checkbox"/> 1k |
| <input type="checkbox"/> 1b | <input type="checkbox"/> 1g | <input type="checkbox"/> 1l |
| <input type="checkbox"/> 1c | <input type="checkbox"/> 1h | <input type="checkbox"/> 1m |
| <input type="checkbox"/> 1d | <input type="checkbox"/> 1i | |
| <input type="checkbox"/> 1e | <input type="checkbox"/> 1j | |

Concurrent Session 2

Friday 1 October 15.30–17.00

- | | | |
|-----------------------------|-----------------------------|-----------------------------|
| <input type="checkbox"/> 2a | <input type="checkbox"/> 2f | <input type="checkbox"/> 2k |
| <input type="checkbox"/> 2b | <input type="checkbox"/> 2g | |
| <input type="checkbox"/> 2c | <input type="checkbox"/> 2h | |
| <input type="checkbox"/> 2d | <input type="checkbox"/> 2i | |
| <input type="checkbox"/> 2e | <input type="checkbox"/> 2j | |

Concurrent Session 3

Saturday 2 October 11.00–12.30

- | | | |
|-----------------------------|-----------------------------|-----------------------------|
| <input type="checkbox"/> 3a | <input type="checkbox"/> 3f | <input type="checkbox"/> 3k |
| <input type="checkbox"/> 3b | <input type="checkbox"/> 3g | |
| <input type="checkbox"/> 3c | <input type="checkbox"/> 3h | |
| <input type="checkbox"/> 3d | <input type="checkbox"/> 3i | |
| <input type="checkbox"/> 3e | <input type="checkbox"/> 3j | |

Concurrent Session 3

Saturday 2 October 13.30–15.00

- | | | |
|-----------------------------|-----------------------------|-----------------------------|
| <input type="checkbox"/> 4a | <input type="checkbox"/> 4f | <input type="checkbox"/> 4k |
| <input type="checkbox"/> 4b | <input type="checkbox"/> 4g | |
| <input type="checkbox"/> 4c | <input type="checkbox"/> 4h | |
| <input type="checkbox"/> 4d | <input type="checkbox"/> 4i | |
| <input type="checkbox"/> 4e | <input type="checkbox"/> 4j | |

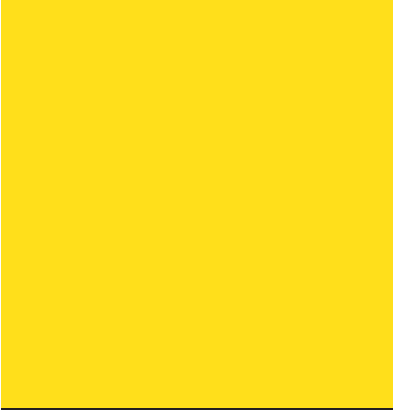
Please send me:

- | | |
|--|--|
| <input type="checkbox"/> A map of the University of Melbourne and nearby parking details | <input type="checkbox"/> Brochures on social events, scenic sites and tours, shopping guide |
| <input type="checkbox"/> Information to arrange a pre-conference visit to the QEC Early Parenting Centre | <input type="checkbox"/> Metro trains <input type="checkbox"/> Trams <input type="checkbox"/> Bus/ Taxi guides |

Privacy Clause

In registering for this conference your details (name and organisation) will be placed on a delegate list available for all registrants and a data base for future QEC conferences. If you do not wish to have your details included in the list, please tick here

THIRD NATIONAL CONFERENCE



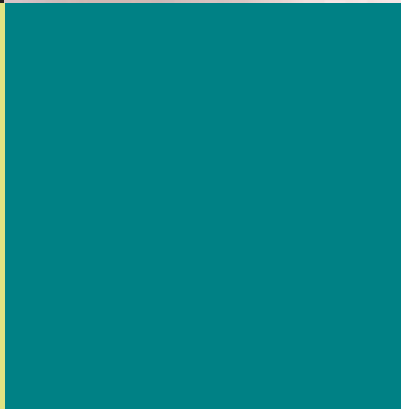
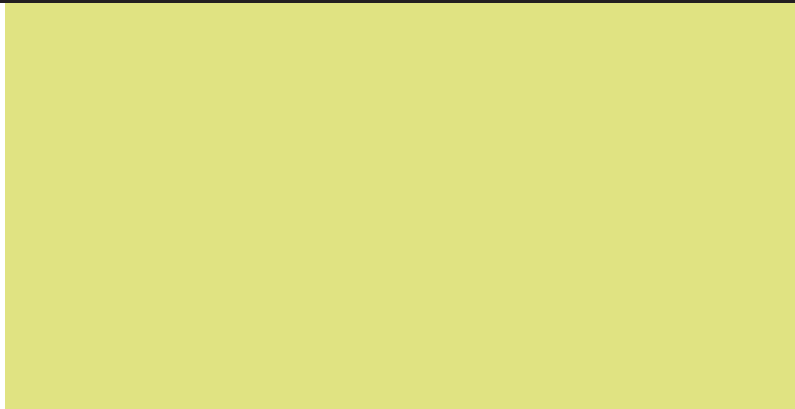
For further information please contact The Conference Secretariat

Gini Solutions PO Box 123 East Kew, Victoria, Australia 3102

Tel: +61 3 9859 5508 Mobile: 0419 178 138

Fax: +61 3 9859 0519 Email: ginisolutions@bigpond.com

Further updates will be posted on the QEC website www.qec.org.au



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