

'New Visions for New Lives'

Optimising outcomes for babies and families of substance dependent women

Monday 18th October, 2004

City Beach Function Centre, Wollongong

PROGRAM

- 8.00am** **Registration**
9.00am Welcome to nation
- 9:05am** **Official Opening**
David Campbell - Minister for the Illawarra, Minister for Regional Development, Minister for Small Business and Member for Keira
- 9.15am** **Dr Garth Alperstein**
Area Community Paediatrician, Central Sydney Area Health Service
'Improving outcomes for families and children at risk, can we do better?'
- 10.05am** **Dr David Osborn**
Neonatologist, Perinatal and Family Drug Health Team, Central Sydney Area Health
'Drugs in Pregnancy: Improving pregnancy and newborn outcomes'
- 11.00am** **Morning Tea**
- 11.30am** **Dr Sharon Dawe**
Associate Professor in Clinical Psychology, Griffith University
'Innovative approaches to intervening with multi problem families:
'The Parents under Pressure Program'
- 12.10pm** **Vivienne Cunningham-Smith**
Senior Manager of Barnardo's South Coast Centre
'The SUPPS model: A comprehensive integrated perinatal substance misuse team'
- 12.35pm** **Michelle Hudoba**
Research Consultant - Illawarra Institute for Mental Health, University of Wollongong
'The evaluation of SUPPS - outcomes for the mothers and babies to date'
- 1.00pm** **Lunch**
- 2.00pm** **Practice Forum** - an informal workshop presented by SUPPS interdisciplinary staff on their collaborative practice model where delegates will have an opportunity to explore SUPPS practice in the light of their own practice experience
- OR
- Management Forum** - Government and non Government SUPPS managers will informally present to delegates on the management and service development core features of the SUPPS model
- 3.00pm** **Afternoon Tea**
- 3.30pm** **'Progressing the Work' - panel discussion**
Sue Richards - CEO - NSW Family Services Inc
The prospective role of NSW Family Services in collaborative perinatal substance misuse programs. What can Family Support bring to this area?

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Michelle Hudoba – Research Consultant - Illawarra Institute for Mental Health, University of Wollongong
How Government and non Government collaboration is working in a perinatal substance misuse service?

Cathryn Finney Lamb - Research Officer, Drugs in Pregnancy and Early Motherhood Consumer participation project - Macarthur Area Health
Why consumers should be involved in the development of perinatal drug and alcohol services and how do we get them involved?

Senior Department of Health and Department of Community Services representatives –

How these models can be progressed through and across these 2 departments.

5.00pm

Conference Close

Conference Overview

This conference will explore the research and practice evidence across the medical, welfare and community sectors which inform the development of comprehensive multidisciplinary perinatal substance misuse programs.

The model of practice of an innovative cross government/non government collaborative drugs in pregnancy team will be presented. This service combines the expertise of workers from non government family support services with that of workers from maternal and paediatric health, drug and alcohol and child protection workers into one team; SUPPS – “Substance Use in Pregnancy and Parenting Service”.

The aim of this conference is to build on the success of this critical work with substance dependent pregnant women and seek to build on the excellent perinatal substance misuse work being done across Australia by challenging services to expand their partnerships and hence achieve better outcomes for the babies and their families.

Speaker Briefs

Dr Garth Alperstein - will take a broad population and ecological approach to reviewing child health outcomes with emphasis on high risk groups. Garth will present some evaluation outcomes from universal and sustained targeted home visiting programs, and will provide strong arguments for early intervention programs.

Dr David Osborn - will explore the impacts of drug use in pregnancy on the unborn child, including such areas as the effects of the commonly used illicit drugs on the neonate, the benefits of methadone maintenance in pregnancy, and the debate over the concerns about discharging a baby home who is still withdrawing from opiates and is on medication.

Dr Sharon Dawe – will overview her research into the outcomes on a child of being parented by a substance dependent parent. She will then provide details of the “Parents Under Pressure Program” which is a comprehensive program currently being adopted by methadone programs throughout NSW.

Vivienne Cunningham-Smith – will present the evolution of the SUPPS collaborative model of practice in the Illawarra. Vivienne will discuss its core elements and how these could be adapted for local conditions and service infrastructure in other areas of the state.

Michelle Hudoba – will provide the evaluation data to date of the SUPPS service evaluation. The family support data which includes parenting capacity and child development outcomes will be included.

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REGISTRATION FORM & TAX INVOICE

'New Visions for New Lives' Conference 2004

This document will be a tax invoice for GST when you make a payment.

Please retain a copy for your records.

Please forward the registration form with your payment to: Barnardo's South Coast Centre, P.O. Box 76, Warrawang NSW 2502

Section 1: Details - Please print clearly

Title: _____ First Name: _____ Surname: _____

Position: _____

Organisation: _____

Address: _____

City: _____ State: _____ Post code: _____

Telephone: _____ Mobile: _____

Fax: _____ Email: _____

Section 2: Registration Fee

Conference: Includes Morning/Afternoon Tea and Lunch

\$25.00

Section 3: Payments

Please make cheques payable to "Barnardo's South Coast Centre".

Section 4: General Information

Conference Convenor:

Kerry Moore, Program Manager

Family Support & Mentoring

Barnardo's South Coast Centre

Ph: 02 4275 8575

Email: kmoore@barnardos.org.au

Conference Times:

8.00am Registration

5.00pm Close

Venue:

City Beach Function Centre

Marine Drive, Wollongong

Accommodation Options:

Belmore All Suite Hotel 02 4224 6500

Normandie Motel 02 4229 4833

Boat Harbour Motel 02 4228 9166

Novotel North Beach 02 4226 3555

Wollongong Service Apartments 02 4225 2544

As **no arrangements** have been made, delegates requiring accommodation should make their own arrangements direct with the hotel of their choice. For further information, including accommodation details, maps etc visit www.tourismwollongong.com.